

From the Region Director

These days, I feel sort of like the groundhog who peeks out of his hole to see if it is safe to come out yet. Fortunately, like the groundhog, I am starting to see signs of spring – or in our case, signs that it might soon be possible for us to start creeping back into our previous lives. Along the way, I have found that happiness can arrive in many forms.

Nothing has made me happier this spring than to finally be able to tell you that we now have a wonderful candidate for the position of Assistant Region Director! Gail Smith, a member of the Cardinal chapter, has

volunteered to take on this role. We will be voting on the motion to elect her at our upcoming Board of Directors meeting at 10 AM on May 22.

Board of Directors meeting, May 22, 10 AM:

We will be voting on our candidate for Assistant Region Director: Gail Smith

(see page 5)

Another happy occurrence is that our design work on the new Region website is almost complete! Cathie Barker, serving as both the editor of this newsletter and the Region's Web Coordinator, took on the monumental task of directing this project.

Although all of the members of the CAR's Executive Committee assisted, Cathie had the vision and organization needed to sculpt our thoughts into their proper pages and to design the basics of the new site.

We hired a professional webmaster to put it all together and are expecting to see the final result very soon. The new site will be very user-friendly and will provide you with current information in a format that

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CALENDAR	
2021 –via ZOOM	Save the Dates
Sat, May 15 —Stitch-in, 10 AM	May 21-22 — *CAR Virtual Retreat, Via Zoom.
Fri, May 21 —*Lecture: Color Contrast - Laura Smith, 7 PM	Sep 1-5 — <i>The Magnificent Stitch</i> , EGA Seminar, Chicago, IL
Sat, May 22 —*CAR Board Meeting: 10 AM (election of ARD)	Sep 24-26 — <i>Crossing the Carolinas</i> , CAR Seminar, Clemmons, NC
Sat, May 22 —*Region Retreat, class & stitching	

Congratulations

to our newest Master Craftsmen:

Counted Thread

Janet Noble, Millwood Chapter

Crewel

Cindi Lemkau, The Laurel Chapter

CAR Chapter Presidents:

Request the 2021

Education Program Grant (\$150)

from Carolinas Region to help your chapter cover the costs of education programs. Send an email to Carole Overton asking for the grant. Please include the name and address of your Chapter Treasurer so the check can be mailed directly to her/him. We would also like to know how you plan to use the grant.

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we hope will draw you back for frequent visits.

Happy news abounds! I am very pleased to recognize two of our CAR members who recently received Master Craftsman status: Janet Noble, our National President and former Carolinas Region Director, completed her Master Craftsman in Counted Thread. Cindi Lemkau, member of The Laurel chapter and past Assistant Region Director, completed the Master Craftsman program in Crewel. Congratulations to both of these members. We are proud of you!

Although the world is still dealing with the effects of COVID-19, I am happy to see that our Region's chapters have found ways to combat the effects of isolation by offering innovative, enticing, and motivating activities for their members while also serving their communities through caring outreach projects. You will find some great ideas in this newsletter which you may want to try in your own group.

Happiness comes in many other forms, as well. The CAR has been able to continue virtual offerings including lectures, chats, classes, shop tours, and stitch-ins. EGA National has expanded its own offerings in many directions – more classes, more virtual lectures, more projects, more slide shows ... the list goes on. I hope you have taken advantage of these opportunities to expand your knowledge and have some fun at the same time.

Sometimes, happiness comes hidden in strange wrappings. At the beginning of March, I spent 4 days in meetings for EGA National, not what you would normally expect to be a happy occasion. The days were long but were filled with information about the progress the organization is making on many fronts. It makes me happy to hear about the many ways in which EGA is working hard to improve our experiences, our opportunities, and our approach to change.

Did you register for our virtual Region Retreat to be held on May 21 and 22? Included are a lecture

on the importance and use of color contrast by Laura Smith, the CAR Board of Directors meeting, and a Region stitch-in. Registration for the lecture and stitch-in closes on May 15, so don't delay!

(Registration is already closed for the lovely ribbon embroidery class being taught by Deborah Mitek as part of the Retreat.) See the link to the brochure in this newsletter to access another channel to happiness.

Happily, we are still hoping to hold our Fall 2021 Seminar in person in Clemmons, NC, September 24 – 26. You can find a link to the brochure elsewhere in this newsletter.

As I close this message, I want to remind you that this issue of *RegioNews*, as always, contains more information about the above topics as well as local, regional, and national EGA news. I hope you take time to read it and that it helps you, too, find some happiness.

Best wishes, and happy stitching!

Carole Overton

Carolinas Region Director

Region Virtual Spring Retreat

May 21-22, 2021



Don't miss out on a chance to join us for our virtual spring retreat! You can attend a lecture on *"The Seven Ways of Color Contrast"* given by Laura Smith on Friday night; the Board of Directors meeting on Saturday morning; and a region stitch-in that afternoon. Registration for those activities will close on May 15. (Registration has already closed for the lovely "Bloomin' Roses" silk ribbon embroidery class taught by Deborah Mitek.)

Don't miss out on the opportunity to learn and laugh with us!
The retreat brochure and registration form are available on the CAR website:
https://egacarolinas.org/events/2021_spring_retreat.pdf



Upcoming CAREvents

Join us for some fun, informative events

As of this writing, there are a number of Region events on the schedule:

Date	Starting Time	Event (on ZOOM)
Tuesday, May 11	2 PM	CAR Region Stitch-in
Wednesday, May 12	7 PM	CAR Shopping tour, Shepherd's Bush, Ogden, Utah
Saturday, May 15	10 AM	CAR Region Stitch-in
Friday, May 21*	7 PM	Lecture: Laura Smith, The seven ways of Color Contrast
Saturday, May 22*	10 AM	Board of Directors Meeting
Saturday, May 22*	1 PM	CAR Region Stitch-in
Saturday, May 22*	1 PM	"Bloomin' Roses" Class with Deborah Mitek
Tuesday, June 8	2 PM	CAR Region Stitch-in
Saturday, June 19	10 AM	CAR Region Stitch-in

*These events are part of the CAR Virtual Spring Retreat. Pre-registration and fee are required. Class by Deborah Mitek is already closed.

We will continue to add new events as they become available. To receive an invitation if you are not already on the distribution lists, send an email to Carole Overton, Region Director.

We hope you can join us!

Your Region Needs You!

Enjoy new friendships with fellow officers



Website Coordinator:

Now that our new Region website is almost ready to be rolled out, we are in great need of a Web Coordinator who will be tasked with keeping the new site up to date. We will train you to be able to update documents, make sure all of the links work, and serve as the liaison with the Webmaster, the CAR Executive Committee, and the chapter officers to make sure all information stays current. If this position is of interest, contact Cathie Barker (cathiebeads@gmail.com) for more information.

Nominating Committee:

We are now looking for all 3 members of the CAR Nominating Committee because our last remaining member will end her term this fall. These positions will be critical as we search for a new slate of officers who will have to be elected in the fall of October 2022 when your current officers end their terms.

Executive Committee (election fall of 2022):

It is hard to believe that your current Executive Committee members are finishing the second of their three years of service to the Region. This means that in the fall of 2022, we will have to elect a **new slate of officers**.

We are therefore looking for members who are interested in continuing the work and missions of the region and are willing to volunteer for one of the elected officer positions (Region Director, Assistant Region Director, Secretary, Treasurer, or Education Coordinator) or the appointed position of Seminar Director. It is not too early to add your name to the slate. Your involvement is critical. Contact Carole Overton for more information.

**Please consider serving in one of these positions
so that your Region can continue to provide the services you have come to expect.**

CAR Fall Seminar:

September 24-26, 2021



Registration is still open for the CAR Fall Seminar 2021 to be held in Clemmons, NC, on September 24 – 26.

As of this writing, we are still planning to meet in person at the Village Inn for this event but, keeping your safety foremost in our minds, we will make a final determination later this year.

Included in the seminar are a choice of 1 of 3 classes or the “Stitch with Friends” sit and stitch option, a group luncheon on Saturday, merchandise night and teacher showcase on Saturday night, opportunity baskets, and more.

We will hold our fall Board of Directors meeting that Friday afternoon before the classes begin. Optional museum tours are also offered, but space is filling up for those activities.

If you have already registered, please check with the hotel to make sure you have room reservations for the event. Registration will close August 15. For more information and for the registration form, read the seminar brochure:

https://egacarolinas.org/events/2021_fall_seminar_brochure.pdf

Meet The Candidate

Assistant Region Director

We are very happy to announce that Gail Smith, a member of the Cardinal chapter in North Carolina, has volunteered to serve as our Assistant Region Director (ARD), a position that has been vacant for two years. Her term will end in the fall of 2022.

Gail writes that she “grew up in Southern California and served in the U.S. Navy as an Ocean Systems Technician for 15 years. She and her 2 sons lived in different countries as well as a few places in America. Her Mother and Aunt taught her sewing, crocheting, and embroidery, skills that served her well in her life. Upon leaving the working world, she joined the Dogwood Chapter (in Atlanta) where she served as Community Outreach chairman until her husband’s job brought them to Raleigh,

where she joined the Cardinal Chapter in 2020. While having no favorite technique, Gail enjoys the calming effect of stitching and the joy of creating something. Some of you might know her if you have attended our virtual Region stitch-ins, as she is a frequent participant in those sessions. Gail is looking forward to serving as the Assistant Region Director for the Carolinas Region because she believes in the philosophy of EGA and believes that we are connected to human history thru needle and thread.”

The Board of Directors will vote on the motion to elect Gail as the ARD when they meet on ZOOM at 10:00 AM on May 22, 2021. We look forward to welcoming Gail to the Executive Committee!

When we asked Gail to tell us about herself, this is what she wrote:

It was a dark & stormy night . . .



...well, actually, it is a wet and windy day here in Morrisville, NC. A perfect day to stitch IF my sewing and stitching room were all set up.

Since it is still the ‘moving in’ stage, I will be content to say “Hello, my name is Gail Smith & I have agreed to step into the position of Assistant Regional Director for the Carolinas Region”.

While I have been stitching for many a year, only recently have I been free to join EGA. Recent being a relative term, I joined the Dogwood Chapter in Atlanta, GA a couple of years ago. By far, the best part of EGA is all of you, my fellow stitchers. It is the friendship, the sharing, the un-judged welcome of one stitcher to another that makes being a member so grand.

As you know our world is fuller of what I call *alphabet words* – the common ones are LOL & OMG as well as BRB (be right back) & BFN (by for now). Yet the other day, while out driving somewhere, I saw a decal and recognized the style of the letters. While I *knew* the common meaning of them, my brain zigged off to the right & I

thought, “Weeks Dye Works?” Hmmm . . . Now you know that the decal I saw was WDW, which normally just about everyone KNOWS means Walt Disney World, but . . . it is just a matter of perspective, isn’t it?

I have come to realize, in my decades on Earth, that Perception is Personal. Two people may be standing side-by-side, observe something happening and come away with two separate perceptions of what they just saw. Even if those 2 people were twins, there was a very good chance that each perceived the event differently. Is it good? Is it bad? Things don’t always have to be good or bad, they can just be.

Once I grasped those 2 concepts, I found myself open to events and ideas new to me without judging. It has led to more interesting conversations about different subjects, sharing different facets of ideas or concepts.

Becoming the ARD is a totally new experience for me & I am open to seeing where this road will go. Better yet, I am very interested in sharing it with you.

~ Gail Smith



NewsFromNational

Education opportunities and more

Affiliated Needlework Shops:

For those of you who love to shop or who have trouble finding the supplies you need, EGA National has implemented a new feature on its website: *Affiliated Needlework Shops*. For a small fee, needlework shops can join the network and list their stores on the site. This new endeavor is still growing but there is already an intriguing assortment of shops. Check the list when you are going out of town, as well, to see if your path will take you near one of the shops. They are supporting EGA, so it is only fair that we support them, right? Here is the link:

<https://egausa.org/ega-affiliated-needlework-shops/>

Chapter/Region Financial Guidelines:

This spring, the EGA National Treasurer, Jennifer Mullins, released an updated version of the *Chapter/Region Financial Guidelines with Banking Guidance 2021*. All chapter treasurers and presidents should read this document and become familiar with what is required. You must be a member of EGA and must log in to the EGA website in order to access this document which is located under Document Downloads. You can use this link but you will still be required to log in to the site in order to access the guide:

<https://egausa.org/app/uploads/2021/03/protected-Chapter-Regions-Financial-Guidelines-with-Banking-Guidance-3-2021.pdf>

The first-ever EGA Semi-Annual Meeting was held virtually on March 6, 2021, and is now available on the EGA National website:

[\(https://egausa.org/annual-meeting/\)](https://egausa.org/annual-meeting/).

You can hear a review of the accomplishments and plans of EGA and the wonderful opportunities it provides. You will also hear about EGA's ongoing Diversity and Inclusion plans and training program.

Seminar 2021:

EGA has promised to hold *"The Magnificent Stitch" Seminar 2021* in September, although the decision about whether it will be held in person in Chicago or virtually will be made by the end of May. Registration will be open until June 15:

<https://egausa.org/event/ega-national-seminar-2021/>

Zoom Events:

One of the positive results of being in social isolation this year is that many chapters and regions have started using *ZOOM* to host events and have welcomed members from other areas to join them. Look at the events pages on the EGA website

[\(https://egausa.org/events/\)](https://egausa.org/events/).

You will find a number of wonderful opportunities to take classes and enjoy other experiences, many from the comfort of your own home.

EGA Blog and Needle Network:

Sources of Interesting Information

EGA National offers many opportunities for people to learn about needlework and related topics.

Do you already subscribe to the EGA Blog? This outlet provides the latest news about EGA: <https://egausa.org/latest-news/> Members get monthly emails from National which include some of the blog entries, but to make sure you do not miss anything you can actually subscribe to the blog.

The Needle Network newsletter was originally developed to offer non-members an enticement to join EGA. However, the information the newsletter contains has been so well received that many members have asked how to access it. To subscribe, follow this link:

<https://egausa.org/newsletter-signup/>

Through The Needle's Eye

The 22nd National Exhibit

Since 1962, EGA has offered a national exhibit of needlework. The first 13 exhibits were stationary, but starting with the 14th National Exhibit (Through the Needle's Eye) in 1995 each show traveled around the country over a 3-year period. While the plan offered members local access to the displays, the traveling caused problems as well. The cost of packing and shipping the pieces continued to rise; it became more difficult to find chapters and regions willing to host the show and to find affordable space for the exhibit; and the members whose pieces were on display had to give them up for the 3-year span of the tour. In addition, there was growing concern about possible damage to the works during the frequent packing and shipping process.

As it wrapped up its activities in 2020, the 21st Through the Needle's Eye (TNE) committee considered the problems mentioned above and came to the conclusion that the best way to continue with the show was to offer a virtual exhibit that would be accessible via the EGA National website. This decision would eliminate the problems caused by frequent shipping, would allow people to view the show without traveling, regions and chapters would not have to struggle to find and pay for exhibit space, and members who displayed their pieces would have to submit them for only a few months instead of for three years.



The 21st TNE show recently ended and the committee for the 22nd exhibit has been formed. The current committee is following up on the plan to host a virtual exhibit. The plan is still in development, but right now the vision is for the virtual exhibit to officially open at the National Seminar in Boston in 2023, with a short-term physical show at EGA headquarters for a few months around the same time. The hope is that the virtual show will give viewers the same kind of experience they would have in person: the ability to see the entire exhibit as well as to study each piece from all sides, rather like you would get if you could view it in person.

While it is too soon to give you specific details, it is not too early to ask all EGA members to consider submitting pieces for the exhibit. Watch for announcements in the *Needle Arts* magazine and on the EGA website to find out how you can get involved.

Through the Needle's Eye will give members a chance to display their skills and will give all viewers a better idea of what embroidery and needlework are all about. Consider becoming a part of this marvelous opportunity to share our passion with the world.

Are you looking for a quick project or a small taste of a new technique? Look at the long list of **Petite Projects** that are available on the EGA National website. (One on Dorset Buttons has just been added.) At the time of this writing there were 78 petite projects listed. You must log in to the website in order to access them: <https://egausa.org/document-downloads/> and scroll down to Petite Project.

STITCHING TECHNIQUES

Check the Document Downloads section of the EGA National website to find a series of **Technique Basics** packets that explore a variety of stitching techniques. These helpful booklets are available to members only. At the present time, there are five topics: Assisi, Blackwork, Brazilian Dimensional (just added), Counted Cross Stitch, and Crewel and Surface Embroidery. There is also a booklet on Surface Embroidery Stitches. You must log in to the website in order to access them: <https://egausa.org/document-downloads/> and scroll down to Technique Basics.

Renewing Your Membership

Exploring the many benefits of EGA membership

This message was recently sent to members of the Carolinas region. It is being reprinted here in case you missed it.

The past year has been a difficult one for all of us. I hope you have been able to stay safe and to find some positive ways to spend your time.

We are now in the time of our yearly membership drive, and you might be debating whether or not you should renew your membership in EGA. After all, you probably have not been able to meet with your chapter members in person for many months and you have not had the opportunity to attend regional or national seminars and retreats in person. So why should you bother to renew?

As the Region Director for the Carolinas Region, I would like to explore the many reasons why I believe you should renew your membership. Your CAR Executive Committee has offered many educational and stimulating virtual events for you during the past year, including region stitch-ins, tours of needlework shops across the country, lectures, classes, and “chats” with teachers and designers. If you have joined us for any of these activities, you know that our Region has continued to try to offer you programs to enhance your skills (and your stash!) even though we could not meet in person. We have made new friends along the way. We understand that some of you may not want to use ZOOM and therefore might not have taken part in any of these activities. Please be assured that we are looking for other ways to connect with you, as well.

Many of our chapters have also found creative ways to keep in touch and to provide classes, lectures, programs, and other events to continue the mission of EGA. Despite the need for social isolation, some of the chapters delightedly report that their plural members and those who cannot travel to meetings have been able to join these activities.

In response to the pandemic, EGA has actually expanded its offerings to you: *Needle Arts* magazine has incorporated more projects and improved directions in every issue; the number and types of Education programs (classes, projects, correspondence classes, etc.) were increased; and virtual lectures and slideshows were made available to you for free, to name just some of the ways in which EGA rose to meet the challenges we all faced.

In the words of Marge Kelly, the EGA National Vice President:

The board members at your Chapter level, Region level and ... EGA National level have all worked very hard to keep our organization vital. While in-person activities were curtailed, we continued to find ways to provide all of our members a lifeline to embroidery opportunities that they could access from the comfort and confines of their homes. . . .

The EGA is committed to a future of growth – not only in the educational opportunities that continue to be developed and expanded, but also in our diverse membership.

Nearly every type of needlework can be explored and learned through our lecture series, on-line classes, correspondence courses, lending library, scholarship and grant opportunities, award programs and seminars. Not to mention the local retreats, exhibits, stitch-ins and



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Renewing Your Membership

Exploring the many benefits of EGA membership

(RENEWING MEMBERSHIP: Continued from page 8)

general camaraderie that members enjoy as they share their love of all things needle and thread.

Please visit the EGA website at egausa.org and explore all the wonderful needlework prospects that are at your fingertips as a member. There are so many projects and instructions available to you, as a member of EGA, for FREE! . . .

We are counting on you to help us maintain our legacy and stay vital for all of our members now and in the future – you are the reason that we exist!



Your local chapter, your Carolinas Region, and EGA National all depend on your participation. Not only do your

membership dues help us provide desired activities, but more importantly your participation at all levels helps us to grow, improve our ability to serve our members, and provide the kinds of programs that you expect.

Because our Carolinas Region Board of Directors meeting will be held on May 22, your chapter membership chair has been asked to request that you pay your dues

a little earlier than normal to ensure that your chapter representatives will be eligible to vote during the meeting.

Thank you for your past involvement in EGA. If you have any questions about the value of belonging to EGA, please contact me so I can address your concerns.

Please renew your membership so we can continue our mission “to inspire passion for the needle arts through education and the celebration of its heritage.”

I have enjoyed getting to know you during our ZOOM adventures and look forward to being able greet you in person before too long.

Best wishes!

Carole Overton

Carolinas Region Director

**TO ALL OF YOU WHO HAVE ALREADY PAID YOUR DUES, THANK YOU FOR YOUR CONTINUED SUPPORT AND PARTICIPATION!!
We appreciate your involvement!**

Deadline May 15th

- Dues received by this date allows your chapter to vote in the Spring Board of Directors Meeting
- Registration closes for the virtual Spring Retreat



CARegionChapters

Creating in the Carolinas: what our chapters are doing

The members of the Carolinas Region met the pandemic head-on. Despite having to adhere to social isolation and suspension of in-person meetings, many of our chapters managed to find innovative methods to stay connected, continue their education programs, and blossom in new and unexpected ways. Read on for some enlightening ideas that your own chapter may wish to try.

Aiken Stitchin' Belles (Aiken, SC)

The **Aiken Stitchin' Belles** have been keeping busy during the pandemic. The group held regular virtual meetings on the first and third Mondays of each month. During these sessions, we organized stitch-ins with show and tell. We also invited two guest lecturers to speak with our group. The first session was led by Kathy Andrews on Elizabethan embroidery and the Trevelyon Miscallany of 1608. We learned about Thomas Trevelyon's drawings that have become a treasure trove for embroiderers.

Jacqui Clarkson also led us in a session on Sashiko, a form of Japanese embroidery. She taught us about threads and patterned backgrounds utilized in this specialized form of stitching. Both sessions were informative and engaging.



One of our members, Susan McRae, also led the chapter in a group project, embroidering Tudor Roses. Another member, Carole Overton, has been organizing wonderful virtual shopping tours at needlepoint and cross-stitch stores across the country. The Stitchin' Belles have also continued their charitable activities, collecting and donating funds for Ronald McDonald House, Golden Harvest Food Bank, and the Salvation Army. We were also pleased to invite the Augusta Stitchers of Augusta, GA to join us as a satellite of our chapter. We look forward to sharing our stitching adventures with them. Our first face-to-face meeting in over a year was held on Monday, April 19, and we were very excited to gather together again in person. #

Charlotte Chapter (Charlotte, NC)

The **Charlotte (NC) Chapter** had two in-person meetings before we all went home. The rest of 2020 saw a number of Zoom meetings which were mainly focused on checking in with each other. Newsletters continued with our Show and Share moving to the newsletter by adding photos of our completed projects each month.

By the start of the New Year, Zoom meetings took on a more focused approach and we are now including programs each month:

1. January saw a discussion of favorite needlework tools. The best one was Betty sharing the blue elastic used to cinch your arm when giving blood - great needle grabber when you are trying to tie off on the back of your work (she later passed out a bunch at a Stitch-In). It is always fun to ask for that blue

band when they release it from your arm!

2. February was a delightful journey reported on by our President, Chris, about her journey from Counted Canvas to Painted and back. It was a delightful report and certainly made us think about the pieces we choose to devote our time to.

3. March was a discussion of designing your own wearable art with lots of images of very creative ideas.

Items up for our next meetings include: how to Tie Dye, choosing the right needle, other options for a stitched piece, favorite on-line companies to buy from and more.

We have had several casual stitch-ins over the months as folks were comfortable gathering.

We also saw changes in officers with

some vacancies opening up and our members volunteering to fill them. Our membership drive saw us replacing two members we lost with two new members so we've maintained our numbers much to our delight!

We now have an Instagram and Facebook account, hoping that will reach out to our Charlotte region, letting folks know about us. A proposed Exhibit at one of the Charlotte libraries is in the works for further outreach.

Finally, we are hosting a Katherine Diguind Zoom workshop in June focusing on her metal and beaded Christmas tree. As of this writing, spaces are nearly filled including folks from the entire Region. Is hosting a Zoom workshop easier than an in person one? The jury is still out on that one. We are just delighted to have the chance to host! #

CARegion Chapters ...

Golden Needles (Concord, NC)

During isolation time, the **Golden Needles (NC)** chapter has remained close by using Zoom to continue our programs and support each other. Before isolation began, we had started on *Ambrosia Honey*, a four-part project by Karen Matze. The project was led by Patty Schmid who shares the VP Programs office with Marilynn Helms. We completed the last of four sessions in November via Zoom.

We began Zoom meetings in July of 2020 hosted by Region Director Carole Overton. For the July program, we had a lesson on how to Zoom with Laura Smith. For August, Laura put together a slide show of our pets. It was great fun and most of the pets graciously joined us live on camera. In September, the famous teacher Lois Kershner, gave us a Zoom talk on Sashiko embroidery all the way from California. We enjoyed meeting her and seeing all the beautiful examples of this Japanese form of embroidery on Zoom.

In October, Patty Schmid hosted our Halloween party on her enormous screen porch. We had a wonderful time admiring her creative Halloween decorations, doing a Halloween ornament trade, and sharing our latest embroidery with masks and social distancing.

The program committee searched for a way to make everyone feel more connected in December. In addition to having a Zoom meeting, we mailed each member a surprise kit for a Mill Hill beaded ornament on perforated paper and a cheerful message from the chapter. Beading on perforated paper was a new experience for most of us. We were especially pleased to support our local needlework shop by purchasing the kits there.

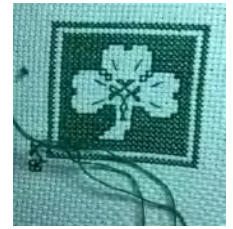
In 2021, we are still on Zoom through at least April.



In January, Elizabeth Little led us to do *Decorative Darned Bookmarks* by Katie Tomlinson from an EGA Stitch-along.

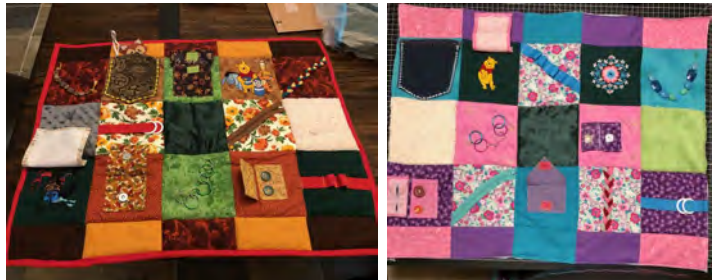


In February, Patty Schmid led a program on how to create an interlocking plaid with rows of tent stitches called *Chottie's Birthday Plaid* by Chottie Alderson.



For March, Patty found a wonderful small shamrock design, *Celtic Mission to Assisi: St. Patrick* by Tor Rhuann.

As Outreach, Barbara Horne-Stead, our Treasurer, made a number of quilts and fidget quilts and donated them to an Alzheimer's care center. Fidget quilts are especially helpful for Alzheimer's patients. Barbara's quilt blocks are 6" x 6" and the whole piece is about 24" x 30". She chooses fabrics that have tactile variety such as satin, minky, and corduroy, in addition to quilting cotton. She adds machine and hand embroidery and attaches buttons, finger rings, snap tabs, strings of pony beads, and various other items by hand.



Golden Needles congratulates our fabulous Fiber Forum member, Marilynn Helms, who juried into the Johnson County Center for the Arts. Her juried artist page is found at this link. https://www.jocoartcenter.org/marilynn_helms.html #

Look for
Tryon
and
Lowcountry
chapters
on pages 13 and 14.

Zooming Into Spring:

A special “Thank you” from the Region Director

During the past year, a number of members of the Carolinas Region have taken advantage of the opportunity to tour 11 needlework shops; get to know 3 teachers, designers, and those in the know; attend 2 lectures; meet other stitchers during 23 region stitch-ins; take classes; attend a virtual Retreat and 2 Board of Directors meetings; and expand their knowledge of stitching, all from the comfort of their own home.

The CAR has sponsored all of these free events on ZOOM starting in April 2020, just after we were forced into social isolation by the pandemic. Although the ZOOM platform was new to most of us, we quickly found that these virtual sessions gave us a door through which we could escape our isolation for a while and could continue some of our favorite pastimes even though we had to pursue them in a different manner.

How else could we have interacted with others, make new friends, find new sources for needlework supplies, explore new stores in other parts of the country, swap ideas and techniques, and spend time stitching with others? We quickly came to realize that using ZOOM was not very difficult at all!



As your Region Director, I am very pleased that so many of you have accompanied me on this path for the past year. I am grateful for the many friendships I have developed, for the support I have received from you, from your kind words in response to these events, and from your continued participation in these adventures.

I am currently pursuing additional events to add to our schedule. I do not want to announce them until we have firm dates but I think you will be pleased to see what is coming.

If you would like to be added to the distribution list for these events, please send me an email.

If you have been hesitant to use ZOOM but would like to find out more, please send me an email. I will be glad to walk you through the entire process and set up some practice sessions so you can learn what ZOOM is all about.

Thank you for being willing to test the ZOOM waters with me. In the spirit of Dr. Seuss, I look forward to seeing “the places we’ll go” in the future!

Carole Overton
Carolinas Region Director

2021 CAR Spring Board of Directors meeting

10 AM Saturday, May 22
via ZOOM

We have exciting business to conduct, for example:

- **vote to elect our next ARD**
- **present our newly re-designed website**, and
- discuss other important matters.

Non-voters are welcome to attend but must send an email to our Secretary, Laura Smith (4LauraSmith@gmail.com) to ask to be put on the invitation list.

See retreat brochure for more details:

<https://egacarolinas.org> (click CAR Spring Retreat in Quick Links)

EGA Classes & Presentations

EGA continues to add **lectures, slide shows, and other types of presentations.**

See what is available:

<https://egausa.org/events/>

New classes and projects are frequently added to the EGA website. Take a look to see what you might want to try: <https://egausa.org/courses-overview/>

... CARegion Chapters ...

Tryon Chapter (New Bern, NC)

This past year has been difficult for all of us. Not being able to meet, stitch and socialize regularly has left a void in our lives. While our chapter has not used Zoom, we have stayed connected through our newsletter, by phone and email and an outdoor Show and Tell.

However, there was one chapter activity that we felt could not be neglected. As part of our Outreach program, the chapter has been involved for years with the Craven County Health Department Hospice program. Every year in December Hospice holds a Memorial service for the families of those who have died during the past year while in Hospice care. In the early days of our chapter, one of our members designed a pillow ornament with a green dove and the name of the deceased on it in red. These dove ornaments decorate a



tree at the Memorial service and are then given to the families. Over the years, we have received numerous Thank You notes from these families expressing their appreciation for our thoughtfulness. We felt we just couldn't let them down.

Our coordinator, Chantal Huestis, kept the members stitching the doves supplied with fabric, floss and the names to be stitched. Periodically, other members gathered in small, socially distanced groups to assemble, stuff and fray the ornaments. Last year, our chapter delivered 195 dove ornaments to Hospice. We will continue our work in the same manner this year until we are again able to meet.

Marianne Indoe, President
Tryon Chapter
New Bern, NC

Zooming Back Over The Past Year:

A review of the free CAR ZOOM events from the past year

"Let's Go CAR Shopping" Tours

- Sandy's X-Stitch on the go, Hendersonville, NC
- Fire Poppies, Summerville, SC
- Needlepoint Junction, Hilton Head, SC
- Stitching Fox, Mill Spring, NC
- Moore than Needlepoint, Pinehurst, NC
- Needlepoint Lane, Spartanburg, SC
- Two's Company, Rock Hill, SC
- Hobby House Needleworks, Pittsford, NY
- Purl's Yarn Emporium, Asheville, NC
- Needleworker's Delight, Metuchen, NJ
- Cabbage Row Shop, Charleston, SC
- Shepherd's Bush, Ogden Utah, to be held on May 12 at 7:00 PM

CAR Lectures

- Celeste Chalasani: Using ZOOM for Education
- Jacqui Clarkson: Sashiko
- Laura Smith: "The Seven Ways of Color Contrast" (to be held on May 21)

CAR Chats with Teachers, Designers, and Those in the Know

- Terri Bay: Nationally known teacher/designer
- Kim Sanders: Nationally known teacher/designer
- Lorrie of "Mischievous Stitches" on Floss Tube

CAR Classes

- EGA Ornament with Vicky Witterschein (offered twice)
- "Bloomin' Roses" silk ribbon project with Deborah Mitek, to be held on May 22

If you missed out on those events, don't despair. You can ask to be put on the list for future announcements by sending an email to Carole Overton.

... CARegionChapters

Lowcountry Chapter (Hilton Head Island, SC)

Our chapter has been unable to meet in person during the pandemic, but thanks to the encouragement from Carole Overton, our Region Director, and EGA National, we have been meeting via Zoom since last September. Our secretary, Anne Henry, volunteered to create our meetings each month. Those members who do not participate on Zoom have the opportunity to stay in touch with our emailed minutes from each meeting and through our Facebook page. We also have had a very informative lecture by Liz O'Hayer on silk gauze. The second part will be completed when we can meet again.

The following pictures are some that have been posted on our Facebook page.

After much discussion on ways to increase income for our chapter, we decided on a 6-month challenge project. Each member entering the challenge submitted 3 projects (new or partially completed) and then the group picked the one the member must finish in 6 months or pay the Chapter \$20. Following are pictures of some of the projects in process.

We are hoping we can start meeting in person in September. #



Debora Brandt -
Victoria Sampler



Kate Wendorf -
Blackbird Designs



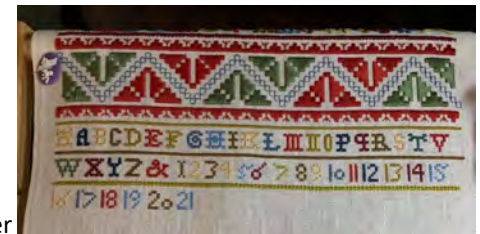
Debora Brandt



Kate Wendorf



Julie Anderson -*Purse (both sides)*



Sharon Webster



Julie Anderson -
Red Beets



Carol Saunders -
Sampler



Susan Mol



Susan Mol

EGA Chapter Reporting Requirements

Attn: Chapter presidents, region reps, and editors: it is your responsibility to be sure your membership officer, secretary, and treasurer know when and where to send these items.

WHAT	WHEN	WHERE
Minutes of board and general meetings (unless included in the chapter's newsletter)	Within the month	Region Director
Membership roster	At the same time you send membership info to National Office	Region Director; CAR Newsletter Editor/website Coord.
National dues and membership information	Renewals no later than May 31 annually. New members immediately upon joining	National Office
Region dues and membership information	Same time as sent to National	Region Treasurer
Chapter newsletters	When sent to members	Region Director; Assistant Region Director; Editor, RegioNews; Region Outreach Chair
EGA Chapter Officer Change List (EGA Form)	Within 2 weeks of election	Region Secretary; Region Director
Education questions/information	As needed	Region Education Coordinator
Annual chapter report	By December 15	Region Director
Annual financial report	By February 15	Region Director; EGA Headquarters

Carolinas Region Executive Committee

Region Director	Carole Overton	803-599-9549	regiondirector@egacarolinas.org
Assistant Region Director			asstregiondirector@egacarolinas.org
Education Coordinator	Janice Wright	336-209-3230	education@egacarolinas.org
Secretary	Laura Smith	704-560-9223	secretary@egacarolinas.org
Treasurer	Elizabeth Little	704-982- 7119 (w)	treasurer@egacarolinas.org
Committee Chairs			
Bylaws	Becky Buie	803-865-2121	blbuie@sc.rr.com
Community Outreach	Millie Strobel	843-766-9360	outreach@egacarolinas.org
RegioNews	Cathie Barker	828-692-7891	regionews@egacarolinas.org
Seminar Director	Christine Haimann		seminardirector@egacarolinas.org
Website Coordinator	Cathie Barker	828-692-7891	website@egacarolinas.org
Nominating Committee			
Nominating	Amanda Pelon (-2921)	336-392-6009	nominatingchair@egacarolinas.org
Nominating 2	Vacant (-2022)		
Nominating 3	Vacant (-2023)		



Breaking News

The newly-designed CAR website is up and running!

Go check out the Carolinas Region’s new website design: egacarolinas.org

The clean, simple design features Laura Smith’s stitched piece “*From the Mountains to the Sea*”, as the banner photo. With our new logo and a simple, sticky menu at the top, the clean design is easier to use than the old website. A new feature of the home page is a monthly message from the Region Director.

Starting with the RD’s message, we plan to offer more frequent updates of what’s happening in our

region. For example, the Zoom Events calendar will be regularly updated every month with additions in between as they are scheduled.

In addition to the updates on the website, there will be a streamlined method for getting timely information out directly to the CAR members. We will be using Mail Chimp to send *RegioNews* issues as well as occasional News Blasts as important issue arise.

Please help us help you:

To help with the direct mailings (this means newsletters and news blasts won’t have to be distributed by your chapter’s Region Reps or Presidents), chapter representatives are asked to send a complete chapter roster to:

Carole Overton
regiondirector@egacarolinas.org

and Cathie Barker,
website@egacarolinas.org

Other Regions’ events:

Pacific Southwestern Region Seminar: *Viva Las Stitchers*; October 27-31, 2021; <https://psrega.org/psr-regional-seminar-2021/>

Tennessee Valley Region (right in our backyard!): *Save A Stitch: Stitching Friends Forever*; June 24-26, 2022; Early registration: June 25, 2021; www.egatvr.com, starting June 25, 2021. Questions: Marjorie Sink at tnsink@charter.net.

Financial Reminders

Reminder:
CAR follows the same prorated dues schedule as is in place for national EGA, shown at right:

Prorated Dues Schedule

If Joining:	Region dues are:
April 1 - June 30	\$4.00 (100%)
July 1 - September 30	\$3.00 (75%)
October 1 - December 31	\$2.00 (50%)
January 1 - March 31	\$1.00 (25%)

RegioNews

The Carolinas Region, EGA, publishes *RegioNews* quarterly. Standard practice is to distribute it to all chapter members in the Carolinas Region via email.

Chapter newsletter editors: Remember to share this newsletter with your members who do not receive email.

Advertising is accepted for 1-year (4 issues) intervals at \$10/year. Contact editor Cathie Barker for details. There is no cost

for emailed newsletters. Subscriptions are available for \$6/year for four printed issues. Send requests to the *RegioNews* editor Cathie Barker and checks, payable to Carolinas Region EGA, to Elizabeth Little, treasurer of Carolinas Region.

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