RegioNews



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The mission of The Embroiderers' Guild of America is to inspire passion for the needle arts through education and the celebration of its heritage.

2nd Quarter, May 2022 Volume 39, Issue 2

From the Region Director

2022 may be remembered for some momentous events: the gradual easing of the pandemic, the occurrence of massive storms and unusual weather, and the end of an era. I can see you scratching your heads as you read the last item in that list: What is she talking about?

I am referring to the fact that my "reign of terror" – or rather, my term as Region Director – is coming to an end. I imagine, however, that the other members of the Executive Committee (EC) did, at times, use the quoted phrase to describe my term because it seemed like every few weeks,

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I shook them by the collars and said, "We really need to work on ***** next!" I badgered, nagged, and ca-

There's Still Time to Register: Spring Virtual Retreat!

- Lecture by Kay Stanis
- Sit 'n Stitch with friends from across the region
- Board of Directors meeting

Registration deadline May 27 (see p. 5)



joled until we were able to complete some very important tasks. The other members of the EC are to be commended for staying with me instead of running away screaming! I am very grateful to Gail Smith (Assistant Region Director-ARD), Laura Smith (Secretary), Elizabeth Little (Treasurer), Janice Wright (Director of Education), Cathie Barker (Newsletter Editor and Website Coordinator), and Christine Haimann (Seminar Director) for their willingness to follow me into sometimes uncharted waters. I know that, when they accepted their positions, they never expected to work as hard as they ended up doing!

Guided by the EC, our Region has accomplished quite a lot in the past four years: We updated our Region logo, created a totally new and very user-

(RD REPORT, Continued on page 2)

CALENDAR

2022 - via ZOOM

Tue, May 10: Stitch-in, 2 pm

Sat, May 21: Stitch-in

June 4-5: CAR virtual Spring Retreat

Tue, June 14: Stitch-in, 2 pm

Sat, June 18: Stitch-in, 10 am

Sat, June 23: CAR Shopping, 10 am

2022

June 3-4: CAR Spring Retreat (via ZOOM) There's still time to register!

Aug 24-28 — Broadway Bound, EGA National Seminar, New York City

September 2-4: *CAR Fall Retreat* Fairfield Inn, Rock Hill, SC

September 5-6: *ITT Class,* Jane Nicholas, Rock Hill, SC (see p. 9)

(RD REPORT: Continued from page 1)

friendly website, improved our ability to keep you informed by using MailChimp, and created a new Region banner featuring Laura Smith's lovely piece entitled, "From the Mountains to the Sea."



We found out that there was life after Ridgecrest and, although we were saddened by our loss of that lovely venue after our 2018 retreat, we found that other places also have much to offer. We held a wonderful retreat in Flat Rock, NC, in 2019 and a great seminar in Clemmons in the fall of 2021. We also tried our hand at some virtual retreats during the pandemic and found that we could learn, take classes, and enjoy good old-fashioned stitchins from the comfort of our own homes.

In addition, we revised the Region's job descriptions and totally revamped the responsibilities of the ARD so that we could create the new position of Seminar Director. We also updated some of our teaching and reimbursement policies. When we hold our Board of Directors (BoD) meeting this coming June, we will ask the voters to approve the newly-revised Policies and Procedures.

We entered the world of trade shows by setting up a booth at the Original Sewing and Quilt Show last fall. That endeavor led to the development of a festival kit that chapters can borrow for free when they host a booth at a pre-approved trade show, festival, or similar event. At our upcoming Board of Directors meeting, we will ask for approval of a motion to also provide a small subsidy to chapters who host such a booth.

Last fall, we started developing a new plan to increase membership and enhance member participation. Called IDEA (Inclusion, Diversity, Equity, and Accessibility), this effort grew out of the plans being developed by EGA National to re-engineer the entire organization to better meet the needs of our members and to attract new members. Gail Smith and Sue Osterberg volunteered to join me as members of the CAR IDEA Team steering committee. We held our kick-off meeting with our chapters this past January to exchange ideas about what all of us can do. I charged the chapters to take on one new marketing activity and to report on what they did at our upcoming BoD meeting.

I am proud of all we have accomplished, but perhaps the area that gives me the greatest satisfaction is knowing that we were able to hold together during the pandemic through the use of ZOOM and other innovative methods. I am eternally grateful to Marge Kelly, our current National Vice President, who taught the RDs how to use ZOOM. I am also grateful to those of you who took up the challenge to join me in our variety of ZOOM events and who used ZOOM or other methods to keep your chapters going when it was unsafe to meet in person. I was touched and gratified by your enthusiasm and support for our virtual events and by your attendance at them. Together, we made it through the pandemic and, I believe, came out of it stronger as a Region.

I will have been your RD for almost four-and-a-half years by the time my term ends. Although at times it was difficult for me to attend to the business at hand, serving as your Region Director has been one of the most gratifying experiences of my life. I have met many wonderful members who have become very close friends. I have also learned that my odd assortment of past education, jobs, and experiences really did come in handy after all.

I did my best to represent our Region as your liaison with National EGA and brought back ideas that I learned from other Region Directors in an effort to enhance our own work and experiences. Learning more about EGA at those National meetings made me understand and appreciate the organization even more.

When I first took on the role of Assistant Region Director at Janet Noble's request when Karla Gee resigned in Sep-

(RD Report: Continued on p. 4)

PerceptionsandWords:

By Gail Smith, Assistant Region Director

There is a movement in the air. In fact, it has been there just below our consciousness for some time. A movement of sorts, not really something you can see clearly, even wearing 'readers', it is just something inside us and out in the world around us. It is the re-awaking of life and the possibilities to come.

Just what is possible today? Maybe the better question is what is not possible today? Ah, but that is a negative question, so let's stick with the positive one, alright? In fact, it is that perception of trying to frame the negative as a positive, that is a possibility. I try to use words that can describe bad or ugly situations in a little more positive manner. What I am trying to do, is to have a more positive mental view of the world.

The first change I made was about 2 decades ago! It was nothing big & grand. It was just a little word change, and I have found over these past 2 decades it has made a difference. It has made a difference in my perception of the world immediately around me; it has made a bigger difference in the manner I view events that stop me from going or doing what I wanted to do. What did I do? I removed the word 'problem' from my vocabulary. That's not to say they don't exist or don't happen to me, I have just changed their name to 'Challenge(s)'.

It wasn't until a few years into my word change phase, that I realized

there is a physical change along with the 2 words. Say the word 'problem'. What does your face & mouth do? Does your face get a little tight? Does your mouth pucker up a bit? Try it a couple of times. Did it happen to you? Now say the word 'challenge'. What happened? What did your mouth do? For the majority of us, your mouth made an almost-to-full smile. WHAT? Try it again. There is just something about that word that you end up smiling at the end of saying it. And what about your facial muscles? Did they tighten up or were they just there on your face?

Somehow, by using the word 'challenge' whatever it is/was that stopped me from going forward with MY plan, it is a bit easier to solve. That concept of not being able to solve a problem is turned on its head, in my mind, and I know I am up to a challenge. I will grow, I will learn from a challenge. It is just how I preserve the power of those 2 words, and by choosing the more positive word, my life has gotten a tad bit easier.

In a little different area, I have tried to slow down my ability to jump to conclusions & reasons. I am trying to understand why something is done the way its done. What are the benefits for this action? What happened before that resulted in this action today?

Trying to keep a positive attitude, especially when I want to have a 'bad' attitude, has made my life easier,

mostly, but I see that it has helped others I encounter during my times wandering around outside.

Giving away a smile does make a difference. I was walking to my car in a parking lot & not feeling so good. Suddenly, a car of young men went past me & a guy in the backseat, looked out his window & smiled so very big, right. At. Me. He looked me in the eye, he saw me & he smiled. When they parked, I had to tell that young man what a difference he had made in my day going forward & I thanked him.



Now for the homework. What? What did you think, that I was going to let you go & not give you a challenge? This is easy, even for those of us who are introverts. The next time you are in a chapter meeting or stitching with friends, share a smile with them. Listen with all your being to them talking to you. Just listen, hear their story/words. And give them your smile.

Yours in stitching, Gail Smith

Save the date!

All region members are cordially invited to the Carolinas Region EGA Board of Directors meeting on Zoom Saturday, June 4, 2022.

- 9:30 a.m. Gathering time
- 10:00 a.m. Zoom meeting begins promptness appreciated!

A separate email has gone out to all voting delegates (chapter presidents and region representatives).

To receive a Zoom link for the Board Meeting, contact Laura Smith at secretary@egacarolinas.org.

(RD Report: Continued from p. 2)

tember of 2017, I firmly told Janet that I would fill out Karla's term as ARD but I definitely would not become the Region Director, as was usually expected. Janet reassured me that the transition was "not etched in stone" and that I would not have to move into the RD slot. My involvement in Region activities had been very limited up to that point, so I was not sure I would be able to learn everything I needed to know. In addition, most of you did not know who I was and I did not know if you would "rally 'round" this unknown entity.

By the time that I was elected to fill Janet's place as RD the following June upon her nomination to become National President, I felt that I had found a place where my skills could be used and came to realize that I could handle the job—with your help and support.

This is a time of concern for EGA, as it is for other needlework organizations. It is becoming more difficult to fill positions as people age out or get burned out. People do not want to take on leadership roles, and interest in our efforts seems to be waning. In the upcoming months and years, you will hear about some "re-engineering" efforts on the part of EGA National to restructure and reorganize so we can remain a vibrant and effective organization.

I am very proud that the Carolinas Region has maintained its strength and renewed its purpose, but this can continue only with your help. Please volunteer to fill one of our Region's open positions so that you, too, can help to keep our Region strong.

Although we still have a few months together before I pass the reins to Gail Smith, I wanted to make sure I thanked each and every one of you for your friendship and support. I have greatly valued your suggestions and appreciated your offers to help. I have also been gratified to see you attend our functions and overwhelmed by your creativity and skill as needleworkers. Meeting and getting to know you has been the highlight of my time as RD, and I look forward to having more time to chat with you in the future, once the gavel has been passed.

With heartfelt thanks and best wishes to all of you – Carole Overton Carolinas Region Director

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CARVirtualSpringRetreat:

June 3-4, 2022. (There's still time to register!)

CAR Spring Retreat 2022

Don't forget to register for our **virtual Spring Retreat** on ZOOM! We will present a fascinating lecture by Kay Stanis on Friday, June 3, entitled "Americans in Paris: L'Ecole de Broiderie d'Art (Lesage)."

After our Board of Directors meeting on Saturday morning, June 4, we will host a region stitch-in that afternoon. Details about the Retreat are available on the CAR website: https://www.egacarolinas.org/wp-content/uploads/2022/02/Spring_Retreat_2022_Registration.pdf

We look forward to having you join us! Registration for the lecture and stitch-in closes May 27. (Please note: Registration for Kay Stanis' *Overture* class has already closed.) If you would like to attend the Board of Directors meeting, please contact Laura Smith, our Secretary (secretary@egacarolinas.org) for more information.



Board of Directors Meeting

Do you want to find out what our Region is doing and where we are headed? Then attend our spring Board of Directors meeting. It will be held on Saturday, June 4, starting at 10 AM. If you are a registered voters in the region (usually Chapter Presidents, Region Reps, members of the Executive Committee, and CAR Region Committee Chairs), you will get an invitation from Laura Smith, our CAR Secretary. If you are not in one of the above categories, we would welcome you to attend, as well. Contact Laura Smith at secretary@egacarolinas.org to request an invitation.



We are putting together our slate of officers for the 2022-2025 term and still have a few open slots. Join us to help direct the affairs of the Region over the next few years. You will learn a lot about the group, meet some wonderful new friends, and keep our Region strong! We can train you and guide you as you get started, so everyone should consider taking part. We are currently looking for candidates for the following positions:

- Assistant Region Director,
- Secretary,
- ZOOM Coordinator,
- Newsletter Editor,
- Seminar Director,
- Nominating Committee (3 people).

For more information about any of these positions, contact Carole Overton, Region Director, at regiondirector@egacarolinas.org

Volunteers

Are our greatest assets!

We have crucial positions that need to be filled to keep Carolinas Region a vital part of our lives.

Please don't sit back hoping someone else will step up, or assume you are not "qualified."

Every little bit helps!

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NewsFromNational

Videos, searches, & an exhibit to enter

Videos for 2022 National Seminar in New York City -

There is still time to register to attend the EGA National Seminar to be held August 24 – 28, 2022, in New York City. There are many enticing courses to choose from. To make the selection easier for you (and to tempt you even more!), the seminar committee has asked each teacher to include a short video about their pieces. What a wonderful idea! To see the videos and gain a better appreciation of each piece, go to the EGA National website Events page and click on Broadway Bound. Once you access the class descriptions and give the system a little time to load, you will see a link for the video on the page for each class. It will be hard to resist registering! Go on – you know you want to be there!!

EGA National Website Searches – After hearing a lot of concerns about how to effectively search the website, EGA National has revised their search engine. Now your searches will produce a listing of all items on the site that reflect your search term, categorized for easy reference. This will make it easier for you to select the exact listing that you are looking for.

As an example, let us say that you want to find the pamphlet about blackwork that you saw a few months ago but you cannot remember what it was called or where you found it. If you type **blackwork** in the search bar, you will come up with a number of options. These options will be divided into 5 categories: Pages, Courses, Blogs, Document Downloads, and Products. In my example, we are looking for a pamphlet, so we can go right to the Document Download section to find what we want. However, if we were not sure what type of resource we needed, we could look through all of the entries until we found what we were looking for.

Searching on the website has been much improved. Give it a try the next time you want to find something!



The National Exhibit: Through the Needle's Eye (TNE) -

Calling all stitchers! The EGA's National Exhibit is looking for your original or adapted needlework piece for its 22nd National Exhibit. As explained on the EGA website, "TNE is EGA's National embroidery exhibit of original needlework of the highest quality. It is Through the Needles Eye that EGA embraces traditional and contemporary needlework while expanding the perception of embroidery as an art form."

While in previous years this exhibit traveled around the country for three years, this time the show will be presented virtually in a museum-like setting available for free through the EGA website. The exhibit will officially premiere at the 2023 National Seminar in Boston. The pieces will also be physically displayed for three months at EGA Headquarters in Louisville once the show opens.

Now is the time to register and to begin planning your piece. You will find registration information and details about the show and its requirements on the EGA website: https://egausa.org/national-exhibit-through-the-needles-eye/

Wouldn't it be wonderful to see your pieces in the show?

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From Royal School Of Needlework

An exciting free resource for stitchers!

Did you know that there is a wonderful free resource available to stitchers, sponsored by the Royal School of Needlework (RSN)? They have produced a very helpful bank of 225 stitches that demonstrates how to make each stitch, categorizes the stitches in a number of different ways for easy reference, and suggests other references that you might want to check. This site is perfect for beginning stitchers who have never used a particular stitch before as well as advanced stitchers who need a refresher. People who want to find the perfect stitch to fill in an area can also find an easy way to look for a particular kind of stitch.

To access information about the Royal School of Needlework Stitch Bank, use this link: https://royal-needlework.org.uk/rsnstitchbank/

To see the stitches themselves, access the Royal School of Needlework Stitch Bank using this link: https://rsnstitchbank.org/wall

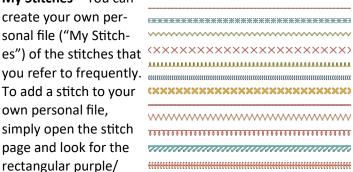


If you take a few minutes to explore the site before you need to use it, you will find a wealth of information that is sure to make your future stitching sessions much more productive (and less

frustrating)! Below are some of the features of the site:

Browse the Stitch Wall - If you select this menu item, you will see an alphabetical listing of all 225 stitches currently in the database. Click on one of the icons to see the details about that stitch including some background information and step-by-step instructions about how to actually make the stitch. The photos and explanations are very clear and easy to follow. At the bottom of the column of still photos describing each step, there is a video that demonstrates the stitch. You can also see lists of related stitches, references, and other helpful information about the stitch.

My Stitches - You can create your own personal file ("My Stitch-To add a stitch to your own personal file, simply open the stitch page and look for the rectangular purple/



blue button that says + MY STITCHES (the plus sign will be in a circle). Click on that button. Then, when you later access the MY STITCHES menu option, you will see that that stitch has been added to your file. The next time you want to refer to that stitch, instead of searching through all of the stitches on the site, you can just go back to MY STITCHES and click on that stitch.

Embroidery Techniques – This section provides explanations of 25 different techniques and provides some other helpful information. For example, it may give you a list of stitches used in that technique and a list of references for more study. It also names some related techniques that you can explore.

Stitch Structure – This section gives you options to search for a stitch by type of structure (for example, composite stitches, whipped stitches, detached stitches, etc.). This helpful method of organization makes it easier to search for a type of stitch if you do not know its exact name or for suggestions if you want to use a type of stitch but are not sure which one would work best.

The RSN is continuing to add new stitch pages and invite you to sponsor this work. There is information on the website to explain how you can adopt a stitch. (If you browse the list of sponsors, you will find the names of several EGA chapters among the donors. Wouldn't that be an interesting venture for your chapter?)

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Celebrating Our Chapters

This is a very exciting year for two CAR Chapters:



Congratulations!!

We are very happy to join with two of our Region's chapters as they celebrate their 40th anniversary!! Congratulations to both Blue Ridge and Golden Needles! We are so excited for you! This is quite a milestone. We hope you celebrate in style!!

Next year we will be celebrating the 30th anniversary of the Chicora Stitchers and the Star Stitchers chapters. We can't wait!

In case you are wondering about the longevity of our other chapters, below is a chart showing the founding years for each one, in order of charter year from oldest to newest. When will your chapter celebrate its next milestone?

Chapter	Charter Year	Years in Existence
Magnolia	1975	47
Millwood	1975	47
Piedmont Charlotte	1977 1979	45 43
Cardinal	1981	41
Lowcountry	1981	41
Blue Ridge	1982	40

Chapter	Charter Year	Years in Existence
Golden Needles	1982	40
Florence	1989	33
Tryon The Laurel	1989 1990	33 32
Chicora	1993	29
Star Stitchers	1993	29
Aiken	2001	21

Register Now for Spring Seminar 2022! Deadline is May 27.

There is still time to register for the virtual 2022 CAR Spring Retreat! Don't miss the informative lecture by Kay Stanis or the chance to sit and stitch with your friends from across the region! To read more details and to get the registration form, look on the CAR website.

https://www.egacarolinas.org/wp-content/uploads/2022/02/Spring Retreat 2022 Registration.pdf

We will elect a new Executive Committee (EC) this fall:

Please consider volunteering for one of the two unfilled positions:

- ♦ Assistant Region Director
- ♦ Secretary



Volunteers

Are our greatest assets!

The appointed Committee Chairs are vital to the smooth running of our Region. Please contact Carole:

regiondirector@egacarolinas.org

if you can fill one of these slots (p5).

Every little bit helps!

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CARUpcomingEvents

Two Retreats, a Seminar, and an ITT Special Event!

RETREATS: Save the Dates!

We are still finalizing plans for some of these upcoming events but we can give you some hints about what is to come. We will send out more details very soon.

CAR Spring Retreat 2022: June 3 – 4 via Zoom

This retreat will be held virtually on ZOOM. See page 5 of this newsletter for details.

For brochure and registration form go to: https://www.egacarolinas.org/wp-content/uploads/2022/02/
Spring Retreat 2022 Registration.pdf

CAR Fall Retreat 2022: September 2 – 4, Fairfield Inn, Rock Hill, SC

This in-person event will start with a lecture by Kim Sanders on the use of shading in surface embroidery on Friday night and

an optional class on pulled work on Saturday, also by Kim Sanders. For those who do not want to take the class, we will have a wonderful spot for an all-day sit-and-stitch option. There will be an option for a make-it/take-it class taught by Sue Osterberg on Saturday night or for a continuation of the stitch-in. The weekend will end with our Board of Directors meeting on Sunday morning. This very important meeting will include the election of our new slate of officers, so we hope you will attend.



SPECIAL EVENT: Save The Date

ITT Tour: Jane Nicholas September 5-6, 2022, Fairfield Inn, Rock Hill, SC

Jane Nicholas, from Australia, is participating in EGA's 2022 International Teacher Tour. She will stop in the Carolinas Region to teach a two-day stumpwork and surface embroidery class called "Corncockle and Dragonfly" (photo at left) on September 5 – 6, 2022.

This class will be held in Rock Hill immediately following the EGA Fall Retreat discussed above. We are finalizing the registration packet and hope to publicize the details in the next few weeks. In the meantime, you can find out the details about this design on the EGA National website: https://egausa.org/jane-nicholas-2022-international-teacher-tour/

CAR Spring Seminar 2023 June 2-4, 2023, Village Inn, Clemmons, NC

We are now in the process of requesting class proposals from teachers for our 2023 seminar and planning some exciting activities for you. In the meantime, mark your calendars so you do not miss this event.

All are invited to the virtual Board of Directors Meeting, June 4, 2022. To receive a Zoom link for the Board Meeting, contact Laura Smith at secretary@egacarolinas.org.



Upcoming CAREvents

CAR Shopping, Stitch-ins, & Spring Retreat

Are you ready to continue CAR Shopping? We have an exciting shop tour of *Snuggly Monkey* scheduled for Saturday, June 25, 2022, starting at 10 AM. This intriguing shop is located in Durham, NC. It is the perfect place to go for Sashiko supplies (wait until you see what they have!) as well as other types of embroidery.

We are in negotiations with another shop for a tour later in the summer, so look for announcements in the future.

Remember, we have our regular Region stitch-ins on the second Tuesday and third Saturday of every month, as well as the Spring Retreat June 3-4, 2022. (see below)

May - June, 2022			
Date	Starting Time	Event (on ZOOM)	
Tuesday, May 10	2 pm	CAR Region Stitch-in	
Saturday, May 21	10 am	CAR Region Stitch-in	
CAR Virtual Spring Retreat! Registration deadline: 5/27/22	• • • • •	acarolinas.org/wp-content/uploads/2022/02/ 2022_Registration.pdf	
Tuesday, June 14	2 pm	CAR Region Stitch-in	
Saturday, June 18	10 am	CAR Region Stitch-in	
Saturday, June 25	10 am	Let's go CAR Shopping: Snuggly Monkey (Durham, NC) Wait until you see what they have!	

If you would like to attend any of the above events, please send a note to Carole Overton at regiondirector@egacarolinas.org and ask to be put on the distribution list for the ZOOM events. (If you have already been added to the list, you do not need to do anything. You will automatically receive the announcements and invitations.)

Financial Reminders

Reminder:

CAR follows the same prorated dues schedule as is in place for national EGA, shown at right:

Prorated Dues Schedule			
If Joining:	Region dues are:		
April 1 - June 30	\$4.00 (100%)		
July 1 - September 30	\$3.00 (75%)		
October 1 - December 31	\$2.00 (50%)		
January 1 - March 31	\$1.00 (25%)		

*Regio*News

The Carolinas Region, EGA, publishes *RegioNews* quarterly. Standard practice is to distribute it to all chapter members in the Carolinas Region via email.

Chapter newsletter editors: Remember to share this newsletter with your members who do not receive email.

Advertising is accepted for 1-year (4 issues) intervals at \$10/ year. Contact editor Cathie Barker for details. There is no cost for emailed newsletters. Subscriptions are available for \$6/year for four printed issues. Send requests to the *RegioNews* editor Cathie Barker and checks, payable to Carolinas Region EGA, to Elizabeth Little, treasurer of Carolinas Region.

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EGA Chapter Reporting Requirements

Attn: Chapter presidents, region reps, and editors: it is your responsibility to be sure your membership officer, secretary, and treasurer know when and where to send these items.

WHAT	WHEN	WHERE
Minutes of board and general meetings (unless included in the chapter's newsletter)	Within the month	Region Director
Membership roster	At the same time you send membership info to National Office	Region Director; CAR Newsletter Editor/website Coord.
National dues and membership information	Renewals no later than May 31 annually. New members immediately upon joining	National Office
Region dues and membership information	Same time as sent to National	Region Treasurer
Chapter newsletters	When sent to members	Region Director; Assistant Region Director; Editor, RegioNews; Region Outreach Chair
EGA Chapter Officer Change List (EGA Form)	Within 2 weeks of election	Region Secretary; Region Director
Education questions/information	As needed	Region Education Coordinator
Annual chapter report	By December 15	Region Director
Annual financial report	By February 15	Region Director; EGA Headquarters

Carolinas Region Executive Committee			
Region Director	Carole Overton	803-599-9549	regiondirector@egacarolinas.org
Assistant Region Director	Gail Smith	678-432-5600	asstregion director@egacarolinas.org
Education Coordinator	Janice Wright	336-209-3230	education@egacarolinas.org
Secretary	Laura Smith	704-560-9223	secretary@egacarolinas.org
Treasurer	Elizabeth Little	704-982- 7119 (w)	treasurer@egacarolinas.org
Committee Chairs			
Bylaws	Becky Buie	803-865-2121	blbuie@sc.rr.com
Community Outreach	Millie Strobel	843-766-9360	outreach@egacarolinas.org
RegioNews	Cathie Barker	828-692-7891	regionews@egacarolinas.org
Seminar Director	Christine Haimann		seminardirector@egacarolinas.org
Website Coordinator	Cathie Barker	828-692-7891	website@egacarolinas.org
Nominating Committee			
Nominating	Rosemary Kostansek (-2022)	828-298-4017	nominatingchair@egacarolinas.org
Nominating 2	Vacant (-2023)		
Nominating 3	Vacant (-2024)		