



Carolinan Region EGA
Region Spring Meeting
26 April 2026

Call to Order at 8:27 am by Gail Smith

- Introduction of guest—Julie Anderson is new Education Director at National EGA

Executive Committee in attendance:

Gail Smith—Region Director
Dee Pierce—Secretary
Nova Shultz—Treasurer
Janet Noble—Education
Carole Overton—Website

Committee Chairs in attendance:

Mildred Strobel—Outreach
Karina Lawrimore—Nominating Chair
Jeni Heubner—Bylaws

Attendance by Dee Pierce

- | | |
|-------------------------|---|
| • Aiken Stitchin Belles | Susan MacRae, Proxy for Jessica Hnatiuk P (Chapter President)
Belinda Ebert RR (Region Representative) |
| • Blue Ridge | Betsy Hanson P
Pat Parke RR |
| • Cardinal | Graciela White P
Cathy Wilson, Proxy for Jean Goodwin RR |
| • Charlotte | Connie Miller RR |
| • Chicora | Katrina Lawrimore RR |
| • Florence Area | Julia Tison P
Sallie Folk RR |
| • Golden Needles | Elizabeth Little, Proxy for Connie Morris P
Natalie D'Aiello RR |
| • Lowcountry | Kate Wiendorf, Proxy for Frances Della Penna P
Terri Goodwin |
| • Magnolia | Betsy Morgan P
Nancy Gannon RR |
| • Millwood | Janet Noble P |
| • Piedmont | Heather Rushforth P
Jeni Huebner RR |
| • The Laurel | Carlie Holdredge
Cathie Barker, Proxy for Barbara Dexter-Smith RR |

Chapters not represented are EGA at VA Tech, Star Stitchers & Tryon.

The attendance concluded in a quorum, the meeting continued.

2025 Fall Meeting Minutes

- All chapter presidents and Region Reps were emailed the fall minutes on March 24 & 25, 2026.
- CAR is going all electronic in their communications, so unless requested in writing, all your communication will be electronically sent to chapter presidents and region reps.
- No corrections or changes were needed. Approved as sent.

Executive Committee Reports

A. ARD—position vacant—no report

B. Treasurer

Nova Shultz

See attached report, page 4. There was no discussion and report passed.

C. Director of Education

Janet Noble.

- Leslie Brady will be presenting an in-depth introduction to Thread Painting Embroidery at the CAR Fall 2026 Retreat. See page 5 for details. The class will be Friday and full day Saturday. The cost for the kit and class will be \$55 per person. If the class fills, this class may be offered Spring 2027.
- Tentative Fall 2027 retreat in Charleston to visit the museum where many Carolina Region EGA members are stitching projects to be displayed.

D. RegioNews Editor Barbara Dexter-Smith was not at meeting.

- Articles for this issue are due by May 1, 2026. Articles can be sent to newsletter@egacarolinas.org.
- Articles are due—February, May, August and November.

E. Website Coordinator

Carole Overton

- Carole has been working with the CAR website since we started the process of developing the current version in 2020 and has served as the region's Website Coordinator for the past several years.
- Our region has been working with a professional webmaster to help with the basic processes and monthly upkeep chores.
- Carole would like to train someone to take over these tasks. Our region is in search of a replacement for the Website Coordinator position to take effect by the fall of 2027. Carole will be very interested in talking to any interested members. She can be reached at website@egacarolinas.org.

F. Outreach Chair

Millie Strobel

- Millie would like to know what outreach projects we are doing in our communities, send to her at outreach@egacarolinas.org.
- Please send Millie your chapter newsletters.

G. Nominating Chair

Katrina Larimore

- Nominee for Assistant Region Director is Heather Rushforth of the Piedmont Chapter.
- The region will be voting electronically in July 2026 for Assistant Region Director (ARD). If approved, she will be sworn in via ZOOM.
- Open positions also need to be filled: Director of Education, Seminar Director and a Nominating committee member.

H. Seminar Director

- No director or report.

1. Old Business

Gail Smith

A. Regional

- Festival box—is available to borrow for community events. A form to reimburse for table, space or parking up to \$100 is available.
- Annual Financial Reports—remember to answer all the questions including how many chapter members (excluding officers) do volunteer work for EGA?

B. National

- Orlando Seminar—Oct 10-15, 2026. Theme is Wishing on a Star. Pieces made in any form from this theme can be sent to Golden Needle for exhibit.
- Tucson Seminar—Sept 15-19, 2027. Theme is Needles that Inspire.
- A new Through the Needles Eye (TNE) exhibit is opened approximately every 3 years.

2. New Business

Gail Smith

A. Regional

- Anniversaries—Carolinas Region (CAR) 45th, Cardinal Chapter 45th, and Low Country 45th
- ICC completion—Leslie Brady received the Art of Teaching Embroidery.
- Region Banner—Betsy Mason will head up committee. Each chapter to create a small object to add to new banner. There will be an update at next meeting.

B. National

- Salt Lake City Seminar—Sept 6-10, 2028
- National Seminars—An article in NeedleArts said that 75% are willing to travel to a national seminar. If you have suggestions or questions, please sent to National EGA.

C. Additional information

- If you would like a list of attendees, contact Marguerite Ewing at feekae@gmail.com.
- Thank you to the Florence Area Chapter for serving as retreat chair.
- Bring 45th CAR anniversary ornament to the fall retreat.

Meeting adjourned at 10:13.

Submitted by Dee Pierce
CAR secretary

10:14 AM
03/24/26
Accrual Basis

Carolinas Region, EGA
Custom Summary Report
January 1 through March 1, 2026

	Jan 1 - Mar 1, 26
Income	
Member Dues	65.00
Educational Events	
Spring Retreat	510.00
Total Educational Events	510.00
Interest	23.80
Total Income	598.80
Expense	
Educational Events Expense	
Spring Retreat	332.05
Fall Retreat	174.64
Total Educational Events Expense	506.69
Grants & Awards	
Time to Teach Grants	50.00
Chapter Program Grants	900.00
CRESS	98.16
Total Grants & Awards	1,048.16
Website	539.64
Total Expense	2,094.49
Net Income	-1,495.69

**Inaugural class offered at the CAR Fall Seminar on Sept. 25-26, 2026*

An In-depth Introduction to Thread Painting Embroidery A Day and a half technique class in notebook format with Leslie Mehard Brady

Welcome to thread painting, the art of creating hyper-realistic, painterly images using nothing but needle, thread, and an alarming amount of patience. This notebook or technique class is your deep dive into the mechanics and methods that make thread painting magic happen.

We're setting aside projects and finished pieces to focus purely on the *how*—breaking down each step that transforms thread into art. Consider this your laboratory: a space to practice and build your confidence and technical foundation without the pressure of perfection.

You'll practice fundamental techniques: long and short stitch (the backbone of realistic shading), thread blending (because nature doesn't come in discrete color blocks), and directional stitching (more of the secret sauce).



Fair warning: side effects may include an obsessive thread collection reorganization and the irresistible urge to stitch everything you see! Bring your curiosity and let's decode the art of thread painting together!

Proficiency: Beginner Intermediate (for the confident beginner and all levels beyond)

Prerequisite knowledge: Some surface embroidery experience helpful

Kit Cost: \$55.00 per person

Kit Contains:

- Tight-weave ground fabric with traced design motifs
- Backing fabric (high quality cotton muslin)
- DMC Stranded Cotton Floss
- Appletons Crewel Wool (1 colorway)
- Embroidery/Sharps needles and Chenille needle
- Susan Bates Hoopla Hoop
- 45+-page, full-color, printed curriculum
- Doodle cloth

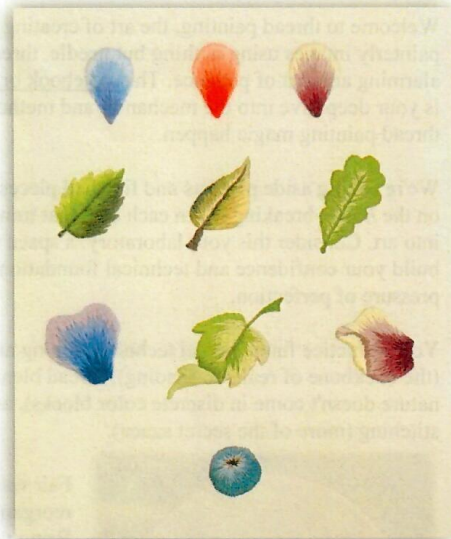



LESLIE BRADY
Embroidery

Class Modules:

Part 1: Technical Foundations and Preparation

- Thread Painting Defined
- History and Evolution of Thread Painting
- Essential Tools and Materials:
 - Selecting appropriate ground fabrics
 - Framing up properly
 - Which needles to use and when
 - Importance of lighting and magnification
- High-level overview of the Principles of Color Theory
- Transferring Designs
 - Using a light box and/or bright window
- Tracing tools (pens and pencils)
- Thread Types and Selection
 - Creating the illusion of light and shadow



Part 2: Let's Paint with Thread

- Starting and ending threads
- Motif outlining
- Order of stitching
- Directional guidelines for various motifs
- Thread control and tension management
- Sample stitching - long and short stitch
 - First Row | Second Row | Third Row

Part 3: Intermediate and Advanced Techniques

- Long and short stitch for different shapes
 - Curved shapes
 - Leaf Turn
 - Overlapping flower petals
 - Round shapes (i.e. fruit)
 - Animal fur

lesliemehardbrady@gmail.com | 843-637-5640

LESIE BRADY
Embroidery